

RESIDENTIAL PROGRAM FOR ADDICTIVE DISORDERS CLIENT ADMISSION CHECKLIST / INFORMATION

Program Date: _____ 20____ PROGRAM COST: \$_____.00



Date you must call: Monday _____ between 9 am and 4 pm MST

THINGS TO KNOW

- You and/or referral source are responsible for obtaining funding for TRC program. TRC does not provide funding. All fees are payable **on** admission and can be paid by cash, certified cheque, money order, debit, Visa, or MasterCard. **All fees are non-refundable.**
- Admission is based on TRC approval of medication.
- You must be clean/sober minimum of seven (7) days before program and thirty (30) days clean from crystal methamphetamine.
- Legal, dental, medical, or business appointments must not be scheduled during program.
- Over-the-counter medication must be original containers. Prescription medication **must be bubble packed** with current, correct dosages with enough for length of stay. **ALL MEDICATIONS** including vitamins and over-the-counter medications must be turned in to staff. You have access to medications only at scheduled medication times.
- Lockers and locks are available for safekeeping items.
- For health reasons, footwear **must** be worn at all times.
- Laundry facilities are available with no charge for machine use.
- Staff will only take phone messages for you and for your confidentiality, we will neither confirm nor deny if you are here.
- You will be restricted to our facility so bring enough personal items required for your entire stay here. There are no day, evening or weekend passes.
- TRC is a non-smoking facility. Smoking is permitted in designated outside area. Chewing tobacco products are **not allowed** to be used inside the building.
- Email or Internet access is not provided. There is NO television at TRC.
- TRC does not supply transportation, spending money, or personal care items.
- Two (2) fifteen-minute phone calls **per week** are allowed on the TRC pay phone.
- Visiting hours are very restricted. Call for details.
- Family members are invited to the Family Program.
Family Program: _____ **20**_____
- We do random alcohol/drug testing during program.

THINGS TO BRING

- Provincial Health Care Card or your current number.
- Please bring earplugs if you are a light sleeper.
- Towels, facecloths, and other personal hygiene items.
- Bedding is supplied.
- Laundry detergent, pen, paper, and calling cards can be purchased from our canteen.
- Swim suit (not mandatory)
- Crafts, hobbies, and reading material for free time.
- 12-Step or other appropriate reading material
- Casual, weather appropriate clothing.
- Money for incidentals (bring small bills as change is limited).
- Your own over-the-counter medication in the original containers (Tums, Tylenol, vitamins)
- Bring your cigarettes as TRC does not sell cigarettes on the premises. Please bring enough for your entire stay here or make arrangements for cigarettes to be sent here. Staff cannot purchase cigarettes for clients.

THINGS NOT TO BRING

- Alarm clocks, clock radios, or cell phones.
- Tobacco products with alcohol dipped flavours.
- Clothing suggestive of alcohol, drugs, gambling, sexually suggestive or revealing clothing
- Electronic equipment such as lap top, palm pilot, portable TV, stereo, video games of any kind, heating pad, electric blanket. Do not bring anything with internet capabilities.
- Weight-altering food substances/supplements.
- Mouthwash, perfume and/or cologne of any kind. No nail polish.
- Weapons, including pocketknives.
- Valuable jewelry.
- Personal music devices such as Discmans, Ipods, etc.

**Absolutely no alcohol, drugs or
gambling allowed while in program.**